



The housing committee volunteers have created a Resource List of practical service providers who are LGBT or LGBT-friendly. This collection contains everything from plumbers to realtors to lawyers to painters and everything in between ... contacts that were gathered from members of the Ottawa LGBT community.

As this is a word-of-mouth list, OSPN cannot endorse and/or guarantee the work of any individuals or companies. We encourage you to check out the service providers carefully. The resource list uses the following format:

Category

Company – Address

Name

Telephone

[Email](#)

[Website](#)

[Facebook](#)

What you need not listed? CALL 211

211 Ontario

Telephone: 211

Web: 211ontario.ca

What is 211? The number you can call for information on government and community based health and social services: housing, elder abuse, meals for seniors & people with disabilities, etc.

211 helps to navigate the complex network of human services quickly and easily, 24 hours a day, 7 days a week, in over 150 languages.

211 connects people to the right information and services, when you don't know where to turn, turn to 211.

Animal Care and Boarding, Sitting

Carol the Dog Walker - 717 Manitou Drive, Ottawa

Carol Upton (613) 729-4808 carolthedogwalker@gmail.com
carolthedogtrainer.com **Facebook** Carol the Dog Walker

Dragonluck Kennels - 6830 Fernbank Road, Stittsville K2S 1B6

Dawn O'Leary (613) 831-3236 dragonluck.kennels@xplornet.com
dragonluck.ca

Jo Jobs Home Improvement - Rodin Way, Orleans

Jo Nuttall (613) 769-4919 jonuttall@gmail.com
Facebook Jo Jobs

Linda Jones Animal Sitter – your home, Ottawa

Linda Jones (613) 521-5411 7207laj@gmail.com

Nanny Laura's Pet Care - Lorry Greenberg Drive, Ottawa

Laura Annibalini (613) 668-8337 nannylaura.pet@gmail.com
Facebook Nanny Laura's Pet Care

Place for Paws - 2432 Old Highway 17, Clarence-Rockland K4K 1K7

Angela Zorn (613) 446-2280
placeforpaws.ca **Facebook** Place for Paws

Rainbow Doggie Daycare - 104 Port Elmsley Road, Perth K7H 3C7

Cathy and Tracy (613) 812-0654 mrdd@rainbowenterprises.ca
rainbowenterprises.ca **Facebook** rainbow doggie daycare

Churches, Spiritual

First United Church - 347 Richmond Road, Ottawa K2A 0E7

Brian Cornelius (613) 232-1016 office@firstunitedchurchottawa.org
firstunitedchurchottawa.org

St. John the Evangelist Anglican Church - 154 Somerset Street West, Ottawa K2P 0H8

Reverend Beth Bretzlaff (613) 232-4500 beth@stjohnsottawa.ca
stjohnsottawa.ca

Cleaning Services

January Twenty-First – Ottawa

Julie Hazelton (613) 240-8690 Juliehazelton@live.ca
januarytwentyfirst.com

Jo Jobs Home Improvement - Rodin Way, Orleans

Jo Nuttall (613) 769-4919 jonuttall@gmail.com
[Facebook](#) Jo Jobs

Little Helpers – Orleans

Danielle Mujan (613) 879 8118 Super_dan31@hotmail.com
[Facebook](#) Little Helpers

Prism Window Cleaning - 250 McGibbon Drive, Ottawa K2L 3Y6

Trevor Degen (613) 851-9840 prism.cleaners@gmail.com
prismwindows.ca [Facebook](#) Prism Window Cleaning

Sergio's Cleaning - Ottawa

Sergio Vazquez (613) 875-6217 prinsesspeach69@hotmail.com

Counselling, Psychological Services

Gilmour Psychological Services – 430 & 437 Gilmour Street, Ottawa K2P 0R5

(613) 230-4709 info@ottawa-psychologists.com
ottawa-psychologists.com

Marie Robertson Counselling – Ottawa

Marie Robertson (613) 421-0344 marie@talktomarie.com
talktomarie.com

Healing Journeys Couple & Family Counselling Services - 16 Lennon Drive, Ottawa K1V 1G9

Ruth Dulmage, MSW (613) 731-3303 healingjourneys33@gmail.com
613-807-1053 text [Facebook](#) Ruth Dulmage Healing Journeys Counselling Services

Dr. Donna McDonagh, C.Psych - Ottawa

Donna McDonagh (613) 422-3300 dmcdonagh@rogers.com

Starr Counselling Services – 2D - 238 Argyle Ave, Ottawa K2P 1B9

René-Marc Lavigne (613) 315-0351 rlavigne@starrcounsellingservices.ca
starrcounsellingservices.ca

Community Services and Centres

Centretown Community Health Centre - 420 Cooper Street, Ottawa K2P 2N6

(613) 233-4443 info@centretownchc.orgs
centretownchc.org [Facebook](#) CentretownCHC

Family Services Ottawa - 312 Parkdale Ave., Ottawa K1Y 4X5

(613) 725-3601 fsfo@familyservicesottawa.org
familyservicesottawa.org

Jewish Family Services of Ottawa - 300-2255 Carling Ave., Ottawa K2B 7Z5

(613) 722-2225 info@jfsottawa.com
jfsottawa.com

Somerset West Community Health Centre - 55 Eccles Street, Ottawa K1R 6S3
(613) 238-8210 info@swchc.on.ca
swchc.on.ca

The Good Companions Seniors' Centre - 670 Albert Street, Ottawa K1R 6L2
(613) 236-0428 info@thegoodcompanions.ca
thegoodcompanions.ca

Custom Metal Fabrication, Welding, Ironwork

Eric Marcoux Contracting – Gatineau QC
Eric Marcoux (619) 790-8865 marcoux144@gmail.com

Doors and Windows

Eco Ottawa Windows and Doors - 2 - 1285 Wellington Street West, Ottawa K1Y 3A8
Shane Frederick (613) 695-3261 shane@ecoottawawindowsanddoors.ca
ecoottawawindowsanddoors.ca

Electrical Services

Danco Electrical Services Ltd - 182 Deerfox Drive, Ottawa K2J 4W8
Daniel Terriah (613) 612-0143

Flooring and Decor

Westboro Flooring & Decor Inc. - 195 Colonnade Road South, Ottawa K2E 7K3
(613) 226-3830
westboroflooring.com

Funeral, Cemetery Services

Beechwood Cemetery, Funeral and Cremation Services - 280 Beechwood Ave., Ottawa K1L 8A6
Benoit Bazinet (613) 741-9530 bbazinet@beechwoodottawa.com
beechwoodottawa.ca

Capital Funeral Home and Cemetery - 3700 Prince of Wales Drive, Ottawa K2C 3H1
Hilda Siegel (613) 692-3588 hsiegel@arbormemorial.com
capital-memorial.ca

Funeral Co-operative of Ottawa – 419 St. Laurent Boulevard, Ottawa K1K 2Z8
(613) 288-2689 info@fco-cfo.coop
fco-cfo.coop

Lee-Pierre Shirey, vocals – Ottawa
Lee-Pierre Shirey (613) 898-7282 lpshirey@rogers.com

Garden/Landscaping Services

January Twenty-First – Ottawa

Julie Hazelton (613) 240-8690

Juliehazelton@live.ca

januarytwentyfirst.com

Hearing Services

Advanced Hearing Aid Clinic - 296 Metcalfe Street & 1657 Carling Avenue, Ottawa K2P 1S2

Rodney Taylor (613) 728-4327

Info@ahac.ca

ahac.ca

Heating and Cooling, HVAC

Clement Marchand Natural Gas Services - 1010 Polytek, Unit 40, Ottawa K1J 9J3

Dave Williams o: (613) 745-0808 c: (613)978-4875 Dave@clementmarchand.com

Clementmarchand.com

Ericka's Heating, Cooling & Appliances - Ottawa

(613) 668-5003

info@erickasheatingcooling.ca

erickasheatingcooling.ca

Housing Assistance

Centretown Citizens Ottawa Corporation - 200-415 Gilmour Street, Ottawa K2P 2M8

(613) 234-4065

info@ccochousing.org

ccochousing.org

Homes for Queers Ottawa-Gatineau - Ottawa

Savannah Gentile

Facebook Homes for Queers Ottawa-Gatineau | Logement de Queers a l'Ottawa-Gatineau

In Home Services

Rent-a-Wife Ottawa

Laurel Blackman (613) 749-2249

rentawife1987@gmail.com

rent-a-wife-ottawa.com

Seniors on Site - Ottawa

(613) 422-7676

info@sosonsite.com

www.sosonsite.com

Insurance

Axion-Walker Insurance - 26-1010 Polytek Street, Ottawa K1J 9J1

Donald Walker (613) 314-2603

Axion-Walker@mail.com

Co-operators Insurance - 480 Somerset Street West, Ottawa
Jacqueline Hunter (613) 236-0781 jacqueline_assoc@cooperators.ca

Interior Design

Charles Seems Interiors - 504-85 Bronson Avenue, Ottawa
Charles Seems (613) 237-3580 charo@sympatico.ca

Creative Space, Interiors by David Ferguson
David Ferguson (613) 322-1283 CreativeSpaceV2@outlook.com
creativespacev2.com

Dolan Interiors - Ottawa
Grant Dolan (613) 282-5568 grant@dolaninteriors.com
dolaninteriors.com **Facebook** Dolan Interiors

Tama's Painting and Design – Gatineau, QC
Tama (819) 246-3386

Lawyers, Legal Services

Bayne Sellar Ertel Carter - 500-200 Elgin Street, Ottawa K2P 1L5
Ian Carter (613) 236-0535 icarter@bsbcriminallaw.com
bsbcriminallaw.com

Behrendt Law - 802-130 Albert Street, Ottawa K1P 5G4
Jeffrey Behrendt (613) 519-0320 ow@ottawawills.org
OttawaWills.org

James Anderson Barrister and Solicitor - 300 - 162 Metcalfe Street, Ottawa K2P 1P2
James Anderson (613) 261-9024 james@andersonlawyers.ca
andersonlawyers.ca

Mann Lawyers, 710 - 1600 Scott Street , Ottawa K1Y 4N7
Heather Austin-Skaret (613) 722-1500 heather@mannlawyers.com
Ted Mann (613) 722-1500 ted@mannlawyers.com
mannlawyers.com

Nelligan O'Brien Payne LLP - 1500-50 O'Connor Street, Ottawa K1P 6L2
Pam MacEachern (613) 231-8276 pam.maceachern@nelligan.ca

MacAdam Law Firm - 67 Daly Avenue, Ottawa K1N 6E3
Philip MacAdam (613) 234-6759 philip@macadamlaw.ca
macadamlaw.ca **Facebook** MacAdam Law Firm

Tanya L. Carlton Barrister, Solicitor & Notary - 205-240 Kenneville Drive, Ottawa K2J 6B6
Tanya Carlton (613) 440-7400 tcarlton@tlclegal.ca

tlclegal.ca

Uplawed Law – 204-78 George Street, Ottawa K1N 5W1

Dorota Turlejski (613) 276-3363 dorota@uplawed.com
uplawed.com

Life Coaching

Karen Munro-Caple, Integral Master Coach™ - Downtown and Nepean Locations

Karen Munro-Caple (613) 230-3527 karen.munro.caple@gmail.com
www.karenmunrocaple.com Facebook karenmunrocaplecoaching

Locks and Security Systems

Larocque Lock and Door Inc. - 641 Noranda Ave., Ottawa K1K 0X4

John Larocque (613) 277-8662 johnlarocque@bellnet.ca

Massage

Atlas Therapies - 123 Boul. St. Joseph, Gatineau, QC

Frederic Charbonneau (819) 962-3733 info@atlastherapies.com
atlastherapies.com

Body Poets Massage Therapy - 504 Kent Street (at Arlington), Ottawa K2P 2B9

Ellen Symons (613) 222-0465 info@bodypoets.com
<http://www.bodypoets.com>

Karen Munro-Caple, RMT - 1105-85 Albert Street, Ottawa K1P 6A4

Karen Munro-Caple (613) 230-3527 karen.munro.caple@gmail.com
kmc-rmt.com

ManoSPA - 731 Alexandre Taché Boulevard, Gatineau, QC J9A 3G4

Daniel Leblanc (819) 776-6266
www.manospa.com

Paul Lafleur RMT - 703 Luc Street, Ottawa, ON K1K 3M5

Paul Lafleur (613) 231-2296 Paul@PaulLafleurRMT.com
PaulLafleurRMT.com

Siri Bandhu Khalsa RMT - 263 McLeod Street, Ottawa K2P 1A1

Siri Bandhu Khalsa (613) 563-4399 siribandhu@yahoo.com

Mortgage Brokers

Mortgage Alliance Ottawa - 26-1010 Polytek Street, Ottawa K1J 9J1

Anna Noussis (613) 799-6686 anoussis@mortgagealliance.com
mortgagealliance.com/AnnaNoussis

MortgagePro.ca – 40-2300 Ogilvie Road, Ottawa K1J 7X8
Cindy Duncan (613) 317-2895 cduncan@tmacc.com
mortgagealliance.com/cindyduncan

Odd Jobs, Errands Etc.

Jo Jobs Home Improvement - Rodin Way, Orleans
Jo Nuttall (613) 769-4919 jonuttall@gmail.com
[Facebook](#) Jo Jobs

Little Helpers – Orleans
Danielle Mujan (613) 879 8118 Super_dan31@hotmail.com
[Facebook](#) Little Helpers

Painting

Dolan Interiors - Ottawa
Grant Dolan (613) 282-5568 grant@dolaninteriors.com
dolaninteriors.com [Facebook](#) Dolan Interiors

Tama's Painting and Design – Gatineau, QC
Tama (819) 246-3386

Physiotherapy

Ottawa Osteopathy & Sports Therapy - 601-2197 Riverside Drive, Ottawa K1H 7X3
(613) 521-3222 info@ottawaosteopath.com
ottawaosteopath.com

Vijay Sharma Physiotherapy - 305-180 Metcalfe Street, Ottawa K2P 1P5
Vijay Sharma (613) 238-8885 info@vijaysharmaphysiotherapy.ca
vijaysharmaphysiotherapy.ca

Plumbing Services

DS Plumbing - 110-20 Bexley Place, Ottawa K2H 8W2
Dave Smythe (613) 604-0078
dsplumbing.ca

Real Estate Services

CENTURY 21 Élite - Gatineau, QC
Robert St-Denis (819) 329-3963 robert.stdenis@century21.ca
century21.ca/robert.stdenis/

Coldwell Banker Rhodes & Company - 100 Argyle Ave, Ottawa K2P 1B6
Patrick Smith (613) 236-9551 psmith@cbrhodes.com

Robert Daley (613) 236-9551 homessolddaley@sympatico.ca
Lee Hazell (613) 236-9951 lhazell@cbrhodes.com
cbrhodes.com

Details Realty Inc. - P.O. Box 1024, 1530 Stittsville Main Street, Ottawa K2S-1B2
Robert Stephenson bobstephenson@rogers.com

Paul Rushforth Real Estate Inc. - 45 Didsbury Road, Kanata, ON K2T 0C2
Tammy Dopson (613) 788-2122 tammy@paulrushforth.com
paulrushforth.com

RE/MAX Hallmark Realty Group - 610 Bronson Avenue, Ottawa K1S 4E6
Nancy Benson (613) 747-4747 nancy@nancybenson.com
nancybenson.com

RE/MAX Hallmark Realty Group – 101 - 2255 Carling Ave., Ottawa K2B 7Z5
JP Walsh (613) 596-5353 jpwalsh@remaxottawa.com
Dana Mason (613) 203-0545 danamason@remaxottawa.com
hallmarkottawa.com

Royal LePage Performance Realty - 165 Pretoria Avenue, Ottawa K1S 1X1
Sue Dunton (613) 620-3870 sue@dunton.ca
Eric Manherz (613) 601-6404 eric@ericmanherz.com
Brad Gilbert (613) 868-5444 bradgilbert@royalpage.ca
royalpage.ca/en/office/ontario/ottawa/royal-lepage-performance-realty/491/

Royal LePage Performance Realty - 107-250 Centrum Blvd, Ottawa K1E 3J1
Lysanne Brault (613) 794-8890 lysanne@lbhome.ca
lbhome.ca

Royal LePage Team Realty - 200-1335 Carling Ave., Ottawa K1Z 8N8
Claude Jobin (613) 804-7979 claude@claudjobin.com
claudjobin.com

Royal LePage Team Realty - 101-555 Legget Drive, Ottawa K2K 2X3
Jan Carter Lea (613) 552-0734 janlea@royalpage.ca
jancarterlea.ca

Royal LePage Team Realty – 200 - 1335 Carling Ave., Ottawa K1Z 8N8
Eric Ritterrath (613) 725-1171 eric.ritterrath@royalpage.ca
royalpage.ca/en/agent/ontario/ottawa/eric-ritterrath/49876/

Sutton Group Premier Realty - 1530 Merivale Road, Ottawa K2G 3J7
Wayne Crandall (613) 277-5198 waynecrandall7@gmail.com
WayneCrandallTeam.com

Renovations and Construction

L. I. C. Contracting - 440 McLeod Street, Ottawa K1R 5P6
Les Cameron (613) 355-8736 Les@lic-contracting.ca
Lic-contracting.ca

Lucy Chapman Cabinet Maker - George Street West, Ottawa
Lucy Chapman (613) 231-4347 lucygirl@sympatico.ca
cabinetgirl.com **Facebook** Cabinet Girl

MMM Carpentry – Kanata
Melissa Morrissette (613) 291-8863 info@mmmcarpentry.com
MMMcarpentry.com **Facebook** MMM Carpentry

Sharon MacDonald Renos and Painting – Ottawa
Sharon MacDonald (613) 794-0307 sharon.macdonald471@gmail.com

Sightline Construction - 1140 Hartwell Road, Manotick K4M 1E5
Sean Ryan (613) 809-1874 info@sightlineconstruction.com
sightlineconstruction.com **Facebook** Sightline Construction & Renovations Inc.

Social Networks

Gay Men's Social Network of Lanark County
John Helps Kna829@yahoo.ca

Queer Connection Lanark
Kari Cunningham **Facebook** Queer Connection Lanark

Tax Preparation, Bookkeeping, Accounting

Harimandir Khalsa - 263 McLeod Street, Ottawa K2P 1A1
Harimandir Khalsa (613) 563-4399 khalsaharimandir@yahoo.ca

Transportation Services

Driving Miss Daisy
Robin Bourke (613) 796-2285 robin@drivingmissdaisy.net
drivingmissdaisy.net

Yoga, Meditation, Reiki

Siri Bandhu Khalsa RMT - 263 McLeod Street, Ottawa K2P 1A1
Siri Bandhu Khalsa 613-563-4399 siribandhu@yahoo.com

Didn't find what you are looking for? CALL 211

General Services

211 Ontario

Telephone: 211

Web: 211ontario.ca

What is 211? The number you can call for information on government and community based health and social services: housing, elder abuse, meals for seniors & people with disabilities, etc.

211 helps to navigate the complex network of human services quickly and easily, 24 hours a day, 7 days a week, in over 150 languages.

211 connects people to the right information and services, when you don't know where to turn, turn to 211.

NOTE

If you know of a contact that should be added to the list, please contact the Chairperson of our Housing Committee, George Hartsgrove, at georgeis@rogers.com.